



FROM THE HOME OFFICE OF HARRY AND EDNA



**W**e may not be keen on rationing, but this is a time to tighten our belts and pull together. Here on the home front, there are simple ways in which we can do our bit.

Clothing has been on ration since 1941, and most of us can only get one new outfit a year. But we must not let our standards drop, so Edna and her chums have become very handy with a needle and thread (not to mention beetroot juice for lipstick and gravy browning for stockings).

'Hand-me-downs are all well and good, but if you're lucky enough to get your hands on used service materials like army blankets and parachute silk, you can make a fabulous new dress or a

pair of trousers,' says Edna. 'I made a pair of kids' shoes from an old barrage balloon.'

Edna and her friends are always happy to share some advice on how to make do and mend, and this weekend you can learn how to make everything from economy frocks to fancy knickers. So form an orderly queue, with your needles at the ready.

Craft classes and workshops will be taking place in the 40s area throughout the festival weekend, covering designs from the 40s to the 80s. Learn to make your own knickers and Y-fronts, try your hand at knitting and machine embroidery, turn your old clothes into new ones, or produce a 60s mini dress or 50s circle skirt.

And while you're at it, why not knit a few socks for our boys on the front line?

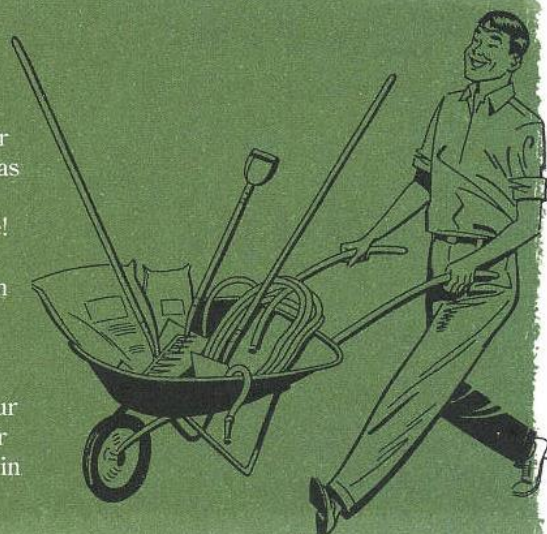
## DIG FOR VICTORY!

Don't you know there's a war on? Our food supply routes are under constant attack, so it's time to dig up our roses and plant a Victory Garden. Rationing may be shrinking our stomachs, but cultivating vegetables around the Anderson shelter is something we can all do to help the war effort.

The Ministry of Agriculture issues recipe leaflets with food facts and advice to keep the whole nation healthy – Potato Pete and

Dr Carrot are especially popular in our house, giving us new ideas on how to cook our veg, from potato pancakes to carrot fudge!

Come along to the Victory Garden, where our friends from Groundwork have been busy growing popular veg varieties. Get tips on how to get the best from your crop and care for your livestock, plus a few goodies for your table. Or maybe just drop in for a cup of tea and a chat.



40s